

Milestone Guidance

At 6 months:

- ✓ Smiling and cooing
- ✓ Lifting head and chest when on stomach
- ✓ Reaching for and picking up a toy
- ✓ Turning to a person who is speaking.

At 9 Months:

- ✓ Sits independently.
- ✓ Bearing weight on feet when supported in standing position.
- ✓ Vocalizing or take turns vocalizing with another person.
- ✓ Reaching out and picking up a toy on the first try

At 12 months:

- ✓ Playing with an object with both hands
- ✓ Cruising (walking holding on to furniture)
- ✓ Holding a spoon attempting to feed
- ✓ Saying “mama” or “dada” specifically
- ✓ Communicating by pointing for what he/she wants
- ✓ Recognizing familiar people by facial expressions or physically approaching

At 18 months:

- ✓ Walking independently
- ✓ Scribbling or using utensils
- ✓ Imitating actions of people in play
- ✓ Playing near other children
- ✓ Following commands given with gestures
- ✓ Using a vocabulary of at least 5-10 words



At 24 months:

- ✓ Jumping
- ✓ Showing frustration or easily frustrated
- ✓ Engaging in simple make-believe play
- ✓ Using 50 words or 2-word sentences

At 3 years:

- ✓ Dressing with pull-on clothing
- ✓ Feeding 2-3 step directions
- ✓ Asking ‘why’ ‘what’ ‘when’ ‘where’ questions
- ✓ Playing along with other children or sharing toys with some adults prompts
- ✓ Catching a tossed ball

At 4 years:

- ✓ Forming complete sentences
- ✓ Clearly communicating needs
- ✓ Paying attention in small groups for more than 5 minutes
- ✓ Understanding or following complex directions
- ✓ Walking upstairs without a handrail

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Concerns?

Developmental Milestones occur within a range of times so if your child is not meeting all these milestones, it is not always a concern. However, a developmental screening may help determine if your child and family could benefit from additional support!

If your child is 0-34 months, contact EDIS.

A referral may be made by a physician or parent. Participation in early intervention is voluntary. Parents may discuss concerns with their child’s primary care manager or call EDIS directly to schedule a screening/evaluation.

If your child is older than 34 months, contact the school that you are zoned for and ask about ***child find***.

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